

WELCOME TO



PILLOWS PENICHE

BED & BREAKFAST
WE HAVE BOTH

www.pillowspeniche.com

SOME INFORMATION FOR YOU

BREAKFAST

Everyday from 08.30am-10.30am
(1st floor)

KITCHEN

Opening hours: 14.00pm - 22.00pm
please wash the dishes after use!

CHECK-IN

From 15.00pm

CHECK-OUT

Until 11.00am

LAUNDRY

There is a good laundry
"Superclean" right across the street
(self-service).

RICH HISTORY

The most important historical monument in Peniche is the Fortaleza de Peniche, a sprawling fortified complex that stands atop the jagged cliffs close to the harbor. The 17th-century fort is notorious with the Portuguese as it was used as a political prison during the Salazar “Estado Novo” dictatorship and the small museum details the dark history of the building. You can get up to the roof to scan the ocean.



SURF'S UP!

Peniche receives one of the most prestigious surfing events worldwide: the World Surf Championship competition (already the 13th time), of course at Supertubos – the famous European Pipeline. the penultimate stage of the World Surf League (WSL), Expect big barrels, crazy surfing, and amazing crowds.

THE BEACHES



GAMBÔA



Gambôa beach is surrounded by cultural heritage known as the walls of Peniche and natural, the dune system with great environmental value. If you are looking for a beach of natural, environmental and cultural relevance in the destination of Peniche where you can practice different activities, or simply enjoying the sun, Praia da Gambôa is the ideal place for you.

SUPERTUBOS



Supertubos has the queen wave of Peniche. The name says everything: Sandy beach with very tubular waves like Pipeline. But it's also a very relaxing beach for just taking a bath. You can walk down to Concolação on the beach and have a nice fish in a restaurant there.

ALMAGREIRA



Situated on the north of charming Baleal, Almagreira beach stands out for its lovely landscape drawn by the cliffs that are disposed throughout the beach. This is a beach with a wide coastal extension and with a unique and special surrounding vegetation. The accesses to the beach are not very easy, yet whoever looks up to this beach finds a unique place.



Baleal is a small peninsula (once an island) located in the north of Peniche, separated from the mainland by a small road, forming a beach of fine white sand. If you're here just to sunbathe and paddle, you can pick the calmer of the two, while surfers, bodyboarders and windsurfers should always have waves to ride.



Praia do Portinho is a small familiar beach just to relax. Out on the jetty, you can observe the fishermen, trying to get the sardines. It was on this beach that was buried the victims of the wreck of the ship called "San Pedro de Alcântara do Reino de Espanha 3", on February 2nd, 1786.



The first area is rocky, with excellent sun exposure. In the northern area, the landscape is completely different. Taking the fort as a reference, one notices a very long beach that extends for several kilometers in the direction of Peniche. Bathed by a sea characterized by strong waves, the beach is especially appreciated by lovers of surfing and windsurfing.

FOR THE STOMACH



Peniche has a lot of traditional food to offer. The most typical dish is "Sardinhas Assadas", best combined with potatoes and salad. Another great dish is "Caldeirada", a mixed bowl of fish & seafood with potatoes, cooked in a delicious sauce.

Here are some great restaurants you have to try (Peniche):

SABORES & PERIPECIAS

Vitor's wine- & tapasbar

Rua José Estevão 8

+(351) 262 781 294

Closed on Tuesdays

D'RAIZ

Fresh fish from the chef Alex Pereira

Rua Marquês de Pombal 120

+(351) 918 590 462

Closed on Mondays

ENTRE TAPAS

Portuguese kitchen & tapas

Avenida do mar 76

+(351) 969 625 819

Closed on Tuesdays

OFICINA DO HAMBURGUER

Fantastic burgers!

Trav. dos Remédios

+(351) 262 104 782

Closed on Tuesdays

MIRANDUM

Incredible seafood restaurant!

Rua Heróis do Ultramar 23

+(351) 963 270 017

Closed on Wednesdays

XAKRA BEACHBAR

Tapas, fish- and seafood

Praia Molhe Leste

+(351) 965 172 166

Closed on Tuesdays

TASCA DO JOEL

For both great: fish and meat

Rua de Lapadusso 73

+(351) 262 782 945

Closed on Mondays

MAHARANI

Best Indian restaurant in Peniche!

Trav. da Lingueta 4, Avenida do Mar

+(351) 262 781 268

Open everyday

FOR THE LIVER



01

AMBASSADOR

Located close to the center, in Peniche, the Ambassador Bar, has an extended hours, opening at 8 am, with breakfast, arriving until lunch time, with homemade food and dinner, ending from 9:30 pm until 4 am with a pleasant bar to enjoy a good wine, liqueur or simply a beer.

Rua António Conceição Bento 53

+(351) 262 781 775

Closed on Sundays

02

BAR DO QUEBRADO

Located on the area of Papoa, you will find this relaxed little bar with the best view over Baleal where you can have a drink and eat simple and healthy food.

Forte da Luz 1

+351 918 557 389

Open everyday

03

JAVA HOUSE

Right before the bar Três As, you will find this unique cocktail bar & lounge. A cozy place to pass your morning, afternoon or evening. After the sun goes down, Java House is low-lit and lively. Choose from a wide selection of cocktails and a selection of top drinks on the silver coast, while watching people.

Largo da Ribeira 14

+(351) 918 669 188

Open everyday

04

BAR TRÊS AS

Inspired of the concept "old school", in a "vintage" environment, you can drink a glass of wine, a gin, whiskey or a magnificent Guinness beer and even eat good tapas while enjoying good music in a relaxed atmosphere.

Avenida do Mar 12

+(351) 262 785 028

Open everyday

WHERE TO GO?

There are many beautiful places to go in and around Peniche. What about a nice daytrip?
Here are some gorgeous places to discover:



The **BERLENGAS** archipelago is a group of small islands, located 9km off the coast of Peniche and comprises Berlenga, Estelas and Farilhões islands. Berlenga is the only inhabited island. In 2011 UNESCO classified the Berlengas as “World Biosphere Reserve”, which is indicative of the rich fauna and flora that can be found on the islands. Book your tickets at the Marina Peniche.

A small, rugged peninsula sticking out between two white sandy beaches, **BALEAL** is a former whaling station, now a tiny coastal village next to Peniche. Those bays, Praia do Baleal Sul and Praia do Baleal Norte, point in slightly different directions. Baleal is also where most of Peniche’s surf shops and schools can be found and always has a small surf community.



Just over an hour from Lisbon, in the municipality of Porto de Mós, there is an incredible place that is well worth the trip: the **MIRA DE AIRE CAVES**. Considered one of the 7 Wonders of Portugal, the largest caves in the country challenge you to take a kind of trip to the center of the Earth and, as an extra, you still have a water park and a bungalow waiting for you.



NAZARÉ lies only 65km north of Peniche. With a proud fishing tradition dating back many hundreds of years, spectacular waves, and picturesque orange-roofed buildings packed along a long, golden beach, it's a beautiful, chilled-out place to spend a night or two. Nazaré's crescent-shaped main beach (Praia da Nazaré) has been voted one of the best in the country.

Home to an extensive collection of Buddhas, statues, and other Asian-inspired artwork, **BACALHOA BUDDHA EDEN** is the largest oriental complex of its kind in Europe. Founded in 2001 as a reaction to the Taliban's destruction of the famous Banyan Buddhas in Afghanistan, the garden has endeavored to preserve their memory. Wander the 35 hectares of green space with ponds, fountains, and pagodas, and try to get in touch with the area's mission of peace and understanding.



ÓBIDOS - a unique charm of a small town, colorful and with flowers in the windows of the whitewashed houses; beautiful views from the highest points of the village, castle of Roman origin and a 14th century wall, restaurants, handcraft shops and several stalls selling Ginja de Óbidos, the traditional drink of the city. It only takes a few hours to tour the entire village. There are two main streets, which connect the city portal to the region close to the castle. Definitely worth a visit.

If you get bored with all the sightseeing, there is a lot of other things to enjoy - check out the next pages...

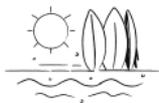
WHAT TO DO?



There are a lot of amazing things to do in Peniche and surroundings. Here are some suggestions (please ask at the reception for more information):



DIVING is very common in Peniche. There are different dive centers (organization PADI/SSI). Wanna go diving on the amazing natural reserve of Berlengas, Farilhões or just around Peniche? Or are you more into dolphin-watching, sport-fishing or snorkling? All possible in and around Peniche.



Let's go for a **SURF** - Peniche is known as Portugal's surf capital. There are plenty of surf-schools in Peniche or even more in Baleal. It doesn't matter if you are a beginner, intermediate or a pro, Peniche has something for all levels.



The shallow 'Lagoa de Óbidos' is Portugal's biggest lagoon - ideal for a **KITE FREERIDE**. This salt water lagoon is connected to the Atlantic and is ideal for kitesurfers of all levels. The lagoon never empties and never floods, therefore kites are independent from tides and can hit the water whenever they want - always!



Quinta do Mosteiro is dedicated to the teaching of **HORSERIDING** at any level of learning, and can also offer the necessary support at a competitive level. Still on a tourist level, you can just enjoy the beautiful equestrian routes.



DINOKART is located between Lourinhã and Peniche, in an area of beaches. They rent karts for children over 1.30m tall; 200cc Dino karts and 270cc Sodi karts (the latter for over 16s). You can come alone or bring company as there is no minimum number of participants. No need to make an appointment.



PHABRIK art+design is a shopping destination where you can find unique furniture & art décor items. They also provide courses cover a range of topics from photography and architecture to design and fashion. Just ask us for the course schedule.



The Municipal School of **BOBBIN LACE** is in operation from Monday to Saturday and has dedicated some time of its operation, not only to the initiation of learning and improvement of Bobbin Lace, but also to the learning of techniques and processes such as drawing and darning.



Discover Portugal through **WINE!** There are some cozy Wineries close to Peniche (30-35min. drive). Choose between different types of tastings, visits of an old distillery, grape harvest or even planting native trees. It's up to you.

1) Vale de Cortém Vinhos Biológicos Lda
Rua Joao Alves 37- 39, Cortém | T: +351 913 588 269
Closed on Saturdays & Sundays

2) Quinta do Sanguinhal
2540-216 Bombarral | T:262 609 190
Closed on Saturdays & Sundays

Enjoy your stay!

Feel free to ask us for more tips & trips



Dominique & Cuno



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